



Spring Semester: Meeting #1



Cabinet:

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Website!

- On our website is posted meetings, events, fundraisers, and more
- If you or a friend have not yet joined, visit the website and click “Join Us!” to get subscribed to our emails regarding upcoming events
- Current cabinet contact information and past GMT trip videos

<https://www.gccgmt.com/>

Email us also at gccgmt@gmail.com

What is GMT?



- Mission
- Benefits of going
- Peru experience
- Glendale Community College is the only community college that offers Global Medical Training.
- Most of us are pre medical students, which allows us to learn more about programs and resources that will help with our future careers.
- Dental + Medical
 - Min. of 3 Students

Previous Trip Videos

Dominican
Republic 2017



Peru 2018



DR Trip-Summer 2019!



- Dates: July 28th - August 4th
- Tentative Schedule:
 - Day 1: Arrival
 - Day 2: Orientation and traveling to other hotel in preparation for clinic days
 - Day 3: Clinic Day
 - Day 4: Clinic Day
 - Day 5: Clinic Day
 - Day 6: Clinic Day
 - Day 7: Free Day
 - Day 8: Departure for Home

Clinic Days



- Wake Up
- Breakfast
- Travel to Clinic Site (everyday is a different clinic site)
- Treat Patients
 - Groups of about 3 students + Translator
 - CC, possible diagnosis and prescriptions
 - Doctors depends on the number of students
- Dinner
- Sleep

Trip Price



- Registration Fee: \$1205
 - Includes: hotel, transportation, breakfast and lunch on clinic days, medical staff (doctors, translators, staff, etc.)
- Other costs NOT included:
 - Dinner, airfare, meals on nonclinical days, activities, souvenirs, etc.

What should you do to prepare for this trip?

Go over requirements:

Spring Semester Checklist

- DEADLINE TO REGISTER: May 28th
 - BUT we want to make the registration date sooner so it allows more time to buy the flights at a cheaper price
 - Book your flight with another travel “buddy”/group. Traveling in groups is safer and a great way to get to know someone!

What should you do to prepare for this trip?

March:

- **Get your Passport ready!**
- **Save Money**
 - \$1205 trip fee
 - Airfare
 - Extra money for personal expenses (recommended about \$300)
- Start a binder that includes the GMT lessons and have the clinical guidelines printed out
- Attend any events GMT plans (meetings, fundraisers, social events, community service)

Fundraisers/Donations



- GMT **Non- profit organization**
- We must raise the money ourselves
 - Every little bit of help counts
- Helps us raise awareness for our cause and the certain issues we are trying to bring attention to.
- Raised money is for medication
 - Goes to the people we are helping
 - Not enough money means not enough medication for people who need it

Hoodies & T-shirts!



Second Meeting:

- Meeting will be held on **March 20th Wednesday at 12:30-1:30.**
- Emails will be sent out prior to our meeting to confirm details such as room numbers and time (**look out for that on Monday/Tuesday**).
- We will be learning about Eyes, Ears, Nose, and Throat.
 - Most of which have been seen on all of our previous trips!

Guidelines and Ethics

GMT TRIPPER REQUIREMENTS

| Name | Membership Fee | Fundraiser | Mandatory Meeting #1 | Mandatory Meeting #2 | Social #1 | Social #2 |
|------|----------------|------------|----------------------|----------------------|-----------|-----------|
| | | | | | | |

- Before our trip, **each of our members must attend one of our fundraisers, and each of the mandatory meetings** that will take place **before** going to DR!
- If you plan on attending the trip, the social events that take place will allow you to get to know one another and make for a smooth transition in another country.

Guidelines and Ethics CON.

Please initial the following statements showing that you have an understanding of what is expected of you on the trip:

____ I understand that I have to attend the mandatory meetings that will take place for the trippers (both social and informative meetings). WRITE DOWN WHICH DATES.

____ Appropriate behavior will be shown throughout the trip: This includes being respectful of fellow peers, GMT staff, patients, animals, and the citizens and culture of the country. It also means being open-minded and approaching every experience with the will to learn from it.

____ I am responsible for waking up and for being on time during the clinic days. If I fail to be on time, I understand that I will be left behind and I will miss out on that clinic day.

____ I understand that phone and electronic devices should be used only when appropriate and during my free time.

____ Before taking pictures of anyone, please gather their verbal permission to do so. Sometimes individuals do not want to be photographed.

____ Please be safe: Be aware of your surroundings, have a buddy system, and inform a staff member if you want to go somewhere.

____ I will drink responsibly.

Follow Us on Social Media

- Follow us on Instagram @gccgmt to keep updated on what's going on with our club!
- Medical Fact Friday

